

## **BAB V**

### **PENUTUP**

Pada BAB ini menyampaikan kesimpulan dan saran dari hasil penelitian yang telah dilakukan tentang peran perawat pada pelaksanaan discharge planning dalam asuhan keperawatan

#### **5.1 KESIMPULAN**

Peneliti telah melakukan eksplorasi peran perawat pada pelaksanaan discharge planning dalam asuhan keperawatan di RS X. Hasil penelitian ditemukan perawat mempunyai peran penting pada pelaksanaan discharge planning dalam asuhan keperawatan terutama pada perannya sebagai pemberi asuhan kesehatan, sebagai edukator serta perannya sebagai kolaborator dan koordinator antar tim kesehatan, tanpa mengesampingkan peran perawat lainnya sebagai advokator, peneliti dan sebagai konsultan.

Hambatan pelaksanaan discharge planning dalam asuhan keperawatan di RS X, yakni hambatan pencatatan dalam formulir catatan edukasi terpadu dan pemahaman terhadap konsep discharge planning, sehingga perlu untuk menelaah lebih lanjut terkait kebijakan, SOP serta panduan pelaksanaan discharge planning dalam asuhan keperawatan dengan cara melakukan pendidikan dan pelatihan, seminar atau webinar bagi seluruh perawat khususnya bagi perawat yang baru agar dapat meningkatkan pemahamannya pada pelaksanaan discharge planning dalam asuhan keperawatan serta menyediakan sarana dokumentasi atau formulir yang mudah dimengerti untuk digunakan sebagai pencatatan discharge planning pada catatan edukasi terintegrasi.

Pelaksanaan discharge planning perlu dilakukan supervisi, monitoring dan evaluasi untuk menilai keberhasilan pelaksanaan discharge planning.

## 5.2 SARAN

Dengan keterbatasan penelitian selama masa pandemi, beberapa saran yang dapat disampaikan

- 5.2.1 Hasil penelitian ini diharapkan menjadi salah satu referensi untuk mengevaluasi peran perawat dalam konteks penerapan discharge planning dalam asuhan keperawatan. Hendaknya perawat selalu diberi penguatan agar selalu optimal dalam berperan sebagai pemberi asuhan pada pelaksanaan discharge planning melalui pembimbingan, supervisi, monitoring dan evaluasi setiap 1 bulan.
- 5.2.2. Perlu menelaah lebih lanjut terkait kebijakan, SOP serta panduan pelaksanaan discharge planning dalam asuhan keperawatan.
- 5.2.3. Melakukan pendidikan dan pelatihan, seminar atau webinar bagi seluruh perawat khususnya bagi perawat yang baru agar dapat meningkatkan pemahamannya pada pelaksanaan discharge planning dalam asuhan keperawatan
- 5.2.4. Menyediakan sarana dokumentasi atau formulir yang mudah dimengerti untuk digunakan sebagai pencatatan discharge planning pada catatan edukasi terintegrasi.
- 5.2.5. Perlu dibuat pengkajian dan screening pasien pada awal pelaksanaan discharge planning

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